

SOMATIC CONCENTRIC SEX THERAPY TRAINING 1 WITH MELISSA WALKER MA, R-DMT, LPC, CST

Somatic-Concentric Sex Therapy Training has been approved by NBCC for 15 hours of NBCC credit. Embodied Education Institute of Chicago is solely responsible for all aspects of the program. NBCC Approval No. SP-3957.

15 hours of AASECT credit also available.

Melissa Walker MA, RDMT, LPC, CST is a licensed Somatic Psychotherapist who specializes in sex and relationship therapy for couples and individuals. Her book, Whole-Body Sex: Somatic Sex Therapy and the Lost Language of the Erotic Body received the 2023 AASECT General Audience Book Award. Whole-Body Sex supports the somatic dismantling of the shame and performance-centric model of sexuality to craft a personally meaningful and sexuality-affirming embodiment of self.



- \$825.00
- Bellingham, WA April 12-14, 2024 10am-4pm daily
- Presence Studio 1412 Cornwall Ave
- Register at <http://tinyurl.com/2v2dnm9b/>

Somatic Concentric Sex Therapy provides an easeful structure to navigate often challenging sexual terrain. SCST cultivates mindful eroticism, by weaving together somatic psychotherapy, dance/movement therapy, and sex therapy approaches. The goal is to learn this model from the inside out through experientials that prepare you to guide your clients through a somatic-based experience that will help them strengthen their connection with pleasure and ally with their sexuality. Bring your excitement, your curiosity, and your wisdom as we learn together how to rewrite sex-negative, disembodied sex/uality.

Learning Objectives

- Understand and articulate a *somatic* and *dance movement therapy* approach to sex therapy
- Support your clients to develop a practice of *secure attachment* with their body
- Learn the *Erotic Bodyfulness* practice
- Understand *arousal anatomy* as a part of total body connectivity
- Learn a model of *Whole-Person Sexual Response*
- Apply this *inclusive somatic model* to a diversity of client experiences & presentations
- Navigate *ethical dilemmas* that arise in therapy
- Support your clients to craft their own *supportive community & therapeutic team*
- Address common presenting sexual problems such as desire difference, arousal non-concordance, anorgasmia, or arousal anatomy difficulties.
- Assess a client's sexual problems using an integrated clinical somatic tool that incorporates *body movement observation and assessment* which also integrates the impact

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of their sociocultural location.